



**DO NOT
EAT**  **MENU**

Every broken bracket could add an additional 6 weeks to your treatment time!



POPCORN

You'll miss the entire movie trying to remove the shells from between your gums and the band.



WINGS, RIBS & BONES

Take the meat off the bone for a mighty fine meal. Just don't chew on the bone afterwards.



BEEF JERKY

Tough as nails! Kinda tastes like it too. Don't step into a Slim Jim either, brother.



BUBBLE GUM

It'll stick it to you every time.



CHIPS & PRETZELS

Just eat the salsa and cheese dip with a spoon.



BAGELS

Forget the cream cheese, these go great with broken brackets!



ICE

Completely destroy your braces with pointless, non-tasting frozen water! Serving size: 1 cube



PEANUTS

Seriously, are you nuts?



RAW CARROTS & CELERY

Been looking for an excuse to not eat your veggies? Sorry, chop 'em up and chew with your back teeth and you'll be fine.

For Additional Broken Brackets

FRUIT ROLLUPS
FROZEN CANDY BARS
GOBSTOPPERS
GUMMY CANDIES
SUCKERS
SWEET TARTS
JOLLY RANCHERS
TAFFY
CARAMELS

Extras
(Included with all items on this menu)

LONGER TREATMENT
CAVITIES
SORE MOUTH

PENCILS

What are you, a beaver? Don't chew on them. Pens either.



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